

# THE CORPORATION OF THE CITY OF COURTENAY



## **PROCLAMATION**

### **COMMUNITY RESILIENCE MONTH**

**WHEREAS**

*the City of Courtenay acknowledges the impacts of toxic stress on the physical and mental health of their citizens, and as such, trauma-informed practices and community building initiatives are seen to improve the community's capacity to mitigate these impacts and enhance Community Resilience; and*

**WHEREAS**

*Community Resilience is the sustained ability of a community to draw upon the existing resources to adaptively respond, withstand, and recover from adverse and challenging experiences; and*

**WHEREAS**

*Community Resilience focuses on the enhancement of day-to-day health and wellbeing of its citizens to reduce the harmful impact of adversity and disasters; and*

**WHEREAS**

*Community Resilience requires interventions that promote strong community systems aimed to improve the health and well-being of its citizens; and*

**WHEREAS**

*Community Resilience builds social connectedness and accessibility of resources through initiatives that promote inclusion, collaborative efforts, and empowerment of all citizens; and*

**NOW THEREFORE**

*I, Bob Wells, Mayor of the City of Courtenay, hereby proclaim the month of May as "**Community Resilience Month**" in the City of Courtenay.*

A handwritten signature in black ink, appearing to read "Bob Wells", is written over a horizontal line.

Mayor Bob Wells